



Hetta Elizabetta is prone to worrying and wondering about all sorts of things. Do waves get hurt when they break? Is midnight early or late? What happens to snow when it melts? Her questions and qualms tire her out.

One day, it all becomes too much to bear when she sees she has grown a grey hair!  
Will Hetta be able to make a recovery after such an awful discovery?

Marisa du Toit's charming illustrations bring Hetta's quirky inner world to life in this humorous and heartwarming picture book which shows what it means to carry the weight of the world on your shoulders.

*The Murray&Me idiom series comprises picture books ideal for 4 – 8 year-olds. The stories attempt to introduce idioms to youngsters as a way of encouraging conversations about life skills and values. Its characters are young children who experience and question the world around them, which resonates especially well with young readers.*

**Milan Murray** is a well-known actor and TV personality in South Africa. She trained in Pretoria and New York, and has worked in television and theatre for 18 years. She is the author of three children's books and one parenting book.